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Society for Anti-Aging Aesthetic
SAAARM
Regenerative Medicine Malaysia
Persatuan Perubatan Anti-Penuaan Aestetik Rejeneratif Malaysia

Aesthetic & Functional Medicine Summit (AFMS'24)

Annual Summit 2024

In conjunction with the 19th Malaysian Conference
and Exhibition & 12th International Congress on
Anti-Aging, Aesthetic and Regenerative Medicine

THEME

PRECISION AGEING

5th - 7th JULY, 2024



Sheraton Imperial Hotel
Kuala Lumpur, Malaysia



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ABOUT



PRECISION AGEING: AFMS'24 KUALA LUMPUR SUMMIT

Welcome to the Aesthetic & Functional Medicine Summit 2024 (AFMS'24) in Kuala Lumpur, Malaysia! We are delighted to extend our warmest greetings to all participants, esteemed guests, and industry leaders joining us for this prestigious event. Set against the vibrant backdrop of Kuala Lumpur, known for its rich cultural tapestry and dynamic atmosphere, this conference promises to be an inspiring gathering of minds at the forefront of aesthetic and anti-ageing advancements.

During AFMS'24, we invite you to engage in insightful discussions, exchange innovative ideas, and forge meaningful connections with fellow professionals and experts in the field. Together, we will explore the latest trends, breakthroughs, and best practices shaping the future of aesthetic medicine and anti-ageing therapies.

As we convene in this dynamic city, let us seize the opportunity to not only expand our knowledge and expertise but also celebrate the transformative impact of aesthetics and wellness on individuals' lives. On behalf of the organizing committee, we extend our sincerest gratitude to each of you for your participation and contributions. May this conference be a rewarding and enriching experience for all, inspiring us to elevate standards, drive innovation, and empower individuals to look and feel their best. Welcome to Kuala Lumpur, and let the journey towards beauty, health, and rejuvenation begin. See you in July 2024!



Stay tuned for upcoming updates on conference topics and our line-up of speakers.



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DETAILS

FEES	SAAARMM MEMBER	SAAARMM NON MEMBER
Extended Early Bird (until 31st May 2024)	RM 900	RM 950
Normal Registration	RM 1000	RM 1050
Onsite Registration	RM 1100 * subject to availability	RM 1200 * subject to availability

REGISTRATION INCLUDES:



Earn CPD points.



Receive a Conference Kit with a booklet.



Get a Certificate of Participation.



Enjoy meals and refreshments.



Access all sessions for 3 days.

Register Online :
www.saaarmm.org



Whatsapp :
+6017-7752311





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THE AFMS'24 SCIENTIFIC BOARD

Chairman Scientific Committee



Dr. Nazlin Bt
Md Nadzri



INTERNATIONAL SCIENTIFIC COMMITTEE



Professor
Claus Muss
Germany



Dr. A. Sreekumar
India



Dr. Leroy Rebello
India

MALAYSIAN SCIENTIFIC COMMITTEE



Dr. Sunita Kaur
Ahluwalia
Committee member



Dr. Tan Hiang Liang
Treasurer



Dr. Vinodhini
Bhaskaran
Committee member



Dr. Muhd Abdussalaam
Jemain
Assistant Secretary



Dr. Paramasivam
Committee member



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INTERNATIONAL SPEAKERS



**Prof. Dr. med.
Dr. Habil Claus Muss**

Ph.D.

President of the International Research Group for Applied Preventive Medicine (www.i-gap.org)



Dr. A. Sreekumar

MBBS; DLO – ENT Head & Neck Surgeon since 1984
FACNEM (Australia) – Precision Medicine Specialist since 2002
Fellowships Awarded – Malaysia, India
Award Received – RAJEEV GANDHI SHIROMANI AWARD
Chairman & Founder Wellness Solutions & Soukha Foundation, Nutrigenomics & Bio Well Hospital



Dr. Leroy Rebello

D. Derma, PHD.
Director of research and development
Biotex Life Solutions Private Limited



Prof. (Dr.) Biren Banerjee

Professor and Head JBS Haldane Center for Molecular Medicine, Silicon University

Founder and MD : inDNA Life Sciences Pvt Ltd, Bhubaneswar, Odisha, India



**Prof. Dr. hab. med.
Jakob Bodziony**

Doctor medicinae habilitatus AZ Swiss Clinic AG, Healthy Longevity & NeuroRehab ClinicA CEO AZ SwissClinic AG, NeuroRehab. Clinic



**Professor Xanya Sofra,
Ph.D, Ph.D**

Neurophysiology, City University London, UK
Clinical Psychology, New School for Social Research, New York City, USA



Dr. med. Krassimir Shelev, MSc., MA.

Hon.Prof.of Academic Union Oxford, UK
Medical doctor, Dr.med.univ., Medical Academy Sofia, Bulgaria
Master of acupuncture, DaGIA, Germany
Master of Neural therapy, University Barcelona, Spain
Master of science in pain medicine, Medical University, Vienna, Austria
Honorary Professor of the Academic Union, Oxford, UK
CEO Swiss Pain and Detox Clinic, founder medical practice for anesthesia and pain therapy, biological medicine, Kreuzlingen, Switzerland



Prof. Dr. Roberto Grobman

Chairman, Chief Scientist & Orthogeneticist, PRECISYA
Cardiologist
Specialization in Clinical Genetics
Master in Genetics
PhD in Bioinformatics
Systems Engineer with specialization in Machine Learning and Algorithms
Board Member and Columnist of Scientific Genetics Board Member of the Brazil Soccer Federation as a Geneticist



Dr. Sukhbindar Singh Sibia

MBBS, MD (Medicine)
Sibia Medical Centre – Director & Senior Consultant Physician



Dr. dr. W. Andralia K

MSc(UK), MD, DLSHTM, ABAARM, Acp.
Owner & Founder & CEO of Jakarta Wellness Clinic (JWC) Groups
President Director of FMN CLINIC
Owner & Founder of 'Dr. Green' Skincare Brand
Wellness, Aesthetic & Antiaging Trainer / Lecturer in various Universities for Master Degree Students
Franchise Consultant for Chain Clinics Hospital / Clinic Consultant for Wellness, Aesthetic & Antiaging



Dr. Nischita Muppavarappu

M.B.B.S., M.Sc (Practical Dermatology) Cardiff University,
M.B.A., PGDHA, Fellowship in Electrocardiogram & Ultrasonography (Thomas Jefferson university)
Director Noble Hospital
Founder Director Desire Aesthetics Chennai and Hyderabad



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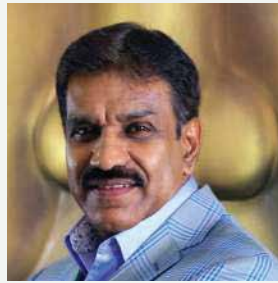
MALAYSIAN SPEAKERS



A/prof.
**Dr. Ungku Mohd Shahrin
Bin Ungku Mohd Zaman**

MD, M.Ed, LCP (Aesthetic Medicine)

Medical Faculty, MAHSA University
President, Pertubuhan Doktor Estetik
Berdaftar Malaysia (PDEBM)
Main Committee member Aesthetic
Medical Practice (AMP) division, KKM



Datuk Dr. Selvam

**MBBS, FRCOG , FACNEM A4RM &
IHS Certified**

Member of the Editorial Board ISOM
Founding President SAHAMM
FEMCARE SPECIALIST CLINIC Batu Pahat



Professor Dr. Morthy

**MBBS from Manipal University, India, and
pursued his Diploma in Dermatology
(University of Wales, Cardiff).**

Subsequently, he obtained his
Fellowship in Dermatologic Laser Surgery
(Mahidol University,
Bangkok), and was trained in Cell
Transplant Therapy at the
renowned Paul Niehan's Clinique in
Vevey, Switzerland.



Dr. Radha Krishna

**Masters in Molecular Medicine
Epigenetic Trainer**

Chairman Global Pharmaceutical Bhd.



Dr. Paramjit Kaur

Qualifications and Granting Institutions:
Bachelor in Medicine and Surgery , MBBS
Agra University (INDIA) Diploma in
dermatology (UK), Diploma in Aesthetic
Medicine (AARAM, USA) Fellowship in
Aesthetic Medicine (AARAM, USA) Board
Certified Anti-aging Physician (USA) ,
Post graduate diploma in Diabetes
Leicester
University (UK) Fellow in Nutritional and
Environmental Medicine, (India)



Dr. Zawawi Abdullah

Graduated as MD (USM)
Founder Impian Emas Medical Centre , March
2003
Treatment with Hyperbaric oxygen Since 2006
Acquired Circulating Tumour Cell (CTC) (Liquid
Biopsy) MiCareo for early stage cancer
detection and prognostication for Cancer. For
the market of South East Asia, India and
Bangladesh since 2022.
Trainer for 350 doctors on clinical metal
toxicology and cancer treatment since 2018.
Deliver lecture on cancer immune therapy with
DC cell, GcMAF, NK cell therapy and
Cytokines therapy since 2022



**Dr. Shabnam Ardev
A/p Anthony Sammy**

**MBBS (IMU), Dip Family Medicine,
Masters in Medical Nutrition**

Functional Medicine Dr
Arc Clinic Petaling Jaya



Dr. Sangeeet Kaur

**MBBS from Kasturba Medical College,
Manipal,India
Masters in Nutritional Medicine (ACNEM)
Functional and Personalised Hormone
Restoration Therapy:
Advanced Clinical Practise certification
by MEDISCA (Australia)
Qualified and certified practitioner in
Bio-identical Hormone
Replacement Therapy (BHRT)
FSAARMM (Malaysia)**

Functional Medicine Practitioner
Founder of Freya DWellness,Kuala Lumpur



Dr. Jeevanan Jahendran

MS ORL (UKM)

Consultant ENT Surgeon
Pantai Hospital Kuala Lumpur



Dr. Sharan Kaur

**MBBS (India), MSc Public Health
(Slovakia), Prof Dip O&G (Ireland)
Dip Aesthetic Medical Practice (Slovakia),
Fellowship in Nutritional
Medicine & Environmental Medicine -
FINEM (India)
FSAARMM (Malaysia)**

Preventive Medicine Practitioner
Dr Sharan's Clinic



Dr. Najmi Bin Ismail

MD

Chief Assistant Director
Aesthetic Medical Practice Sector
Medical Practice Division, Ministry of
Health (MOH)



Dr Sean Tan Soon Kiat

Consultant Aesthetic Clinician & Adjunct Lecturer

**MBBS (Bachelor of Medicine & Bachelor of Surgery)
(AIMST University, Malaysia)**

**PG Diploma in Aesthetic Medicine
(American Academy of Aesthetic Medicine, USA)**

**Master of Science (Anti-Aging, Regenerative Med &
Medical Aesthetics) (UCSI University, Malaysia)**

**Letter of Credentialing & Privileging (AMP-LCP) -
Full Spectrum Ministry of Health (MOH), Malaysia**



**Dr. Chang Yoke Pooi
Dr. Edwin Chang.**

MBBS, Dip Derm (Singapore),
Diplomate in American of Laser Surgery.
(USA)
Diplomate of the European Centre of
Aging research and Education (Germany)
Member of AAD, SAAARM and ALMS.



Dr. Abrizah Ousman

MD, Dip Derm, AAAM
Aesthetic Physician
Founder Dr Abby Clinic Publika



Dr. Vinodhini Bhaskaran

MBBS, MD(OBGYN), FRCOG
Consultant obstetrician and gynecologist
Parkcity Medical Center



Dr. Kuljit Singh

Damansara Heights Wellness Clinic



**Dr. Kanimoli
Rathakrishnan**

UKM Advanced masters in Dermatology
Royal College of Physician Glasgow
-MRCP
Melaka Manipal medical college - MBBS
Ontario - Secondary School Diploma
Sekolah Menengah Mahmud Raub -
Sijil Pelajaran Malaysia



Mr. Muhendaran Suppiah

LL.B (Hons.) Lancaster, CLP
Advocate & Solicitor of the High Court of
Malaya
Certificate in Business Coach (University
Malaya)
Certificate in Sports Arbitration (Asian
International Arbitration Centre)
Partner
Messrs Muhendaran Sri



**Dr. Sunita Kaur
Ahluwalia**

MBBS (MAHE), FAGE, Msc, AABRM,
FINEM,
PCNM, PCAMP, FMMA, Dip. Nutrition,
Dip. Aesthetic IACT (USA, EUROPE)
FSAAARM

Walia Wellness Sdn Bhd



Dr. Tan Hiang Liang

MBBS (IMU), FINEM, LCP(Aesthetic),
Dip. Aesthetic Med.(AAAM), Dip. Nutrition
Med.(EU)

Ava Clinic



Dr. Sean Ng

Director, Scientific Board of Sheikh Zayed
Genetic and
Rare Disease Foundation, Dubai, UAE.
Founder, Chief Science Officer, Ming
Medical, Malaysia.



Ms. Ratnawati Osman

Vice President
FINPRO - Healthcare, Marsh Speciality
Marsh Insurance Brokers Malaysia Sdn
Bhd



Ms. christine J Ellis

LL.B (Hons)(University of Leeds)
Barrister-at-law, Lincoln's Inn (admitted
to the Bar of England and Wales in 2011)
Advocate and Solicitor of the High Court
of Malaya (admitted to the Malaysian Bar
2012)



Dr. Jezamine Lim

MBBS, PhD in Stem Cells & Tissue
Engineering

CEO and Founder of Cell Biopreotics
Resources
Assc Research Fellow Centre for Tissue
Engineering and Regenerative Medicine,
National University of Malaysia
Ethics Committee Board Member of Cell
Therapy and Stem Cell Research, Malaysia
Medical Council
Exco Member Young Scientists Network,
Academy of Sciences Malaysia
Asian Rep for International Society of Cell
Therapy, TESMA, and MSCRT
Scientific Advisor Wellous Berhad



Mr. Prasath Kanagaras

Brand Strategist, Trainer & Coach
Managing Director of Point Blank
Mediaworks Sdn Bhd



Mr. Radhakrishnan S

Executive Director PRECISYA



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DAY 1- FRIDAY, 5 JULY 2024

TRACK 1 - AESTHETIC AND REGENERATIVE MEDICINE (BALLROOM 1)

Time	Speaker Name	Title Of Talk
8.30-9.00am	Registration @ Labuan Room	
9.00-10.00am	Plenary Session by Chief Guest : Dato' Sri Mohd Shafiq Abdullah Silver Lining: Redefining Aging in a Changing World	
10.00 - 10.30am	Opening Ceremony & Coffee Break	
10.30 - 11.00am	Dr. Leroy Rebello	Starvation and Stem Cells
11.00 - 11.30am	Dr Roberto Grobman	Genetics Influence on Microbiome
11.30 -12.00pm	Dr Sukhbindar Singh Sibia	Enhance Aesthetic, Regenerative, Anti-Aging and Nutritional effects by enhancing circulation with ECP.
12.00 - 12.30pm	Dr. Tan Hiang Liang	Off-label Toxin Treatments for Lower Face Aesthetics.
12.30pm - 2.00pm	LUNCH BREAK	
2.00pm - 3.00pm	Mr. Muhendaran Suppiah	Employment in Medical Industry
3.00pm - 3.30pm	Dr Chang Yoke Pooi	Men's Penile Health – Modern Perspective Of Aesthetic, Sexuality And Functionality.
3.30pm - 4.00pm	TEA BREAK	
4.00pm - 4.30pm	Dr Wiwi Andralia Kartolo	The Use of Secretome From Head to Toes, From Beauty to Wellness, Case Reports
4.30pm - 5.00pm	Dr Paramjeet Kaur	Aesthetic Medicine : Unrealistic Expectations and Dysmorphia



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DAY 1- FRIDAY, 5 JULY 2024

TRACK 2 - ANTI-AGING AND NUTRITIONAL MEDICINE (BALLROOM 3)

Time	Speaker Name	Title Of Talk
8.30-9.00am	Registration @ Labuan Room	
9.00 - 10.00am	Plenary Session : Dr Zawawi Abdullah	
	S.O.N.G Laser activated Very Small Embryonic Stem Cell (VSEL) for treating untreatable diseases. <small>That can be better than stem cell</small>	
10.00 - 10.30am	COFFEE BREAK	
10.30 - 11.00am	Dr Zawawi Abdullah	Chaperones Intra-Cellular Rejuvenating Proteins, New Rising in Regenerative Medicine
11.00 - 11.30am	Dr Sangeet Kaur	Taming Menopause & Breakthrough in Vaginal Atrophy
11.30 -12.00pm	Dr Shabnam Ardev	Tweaking the Thyroid Review of Practical A&P and BIHRT
12.00 - 12.30pm	Dr Radhakrishnan	Xero Pain
12.30pm - 2.00pm	LUNCH BREAK	
2.00pm - 2.30pm	Dr.Nischita Muppavarapu	The Effect of Nutrition on Aging—A Systematic Review Focusing on Aging
2.30pm - 3.00pm	Dr Radhakrishnan	Turbo Charge Second Brain
3.00pm - 3.30pm	Dr Sharan Kaur	Poly Cystic Ovarian Syndrome or Dhea & Aging
3.30pm - 4.00pm	TEA BREAK	
4.00pm - 4.30pm	Dr. Leroy Rebello	The Role of Supplements in Health and Disease
4.30pm - 5.00pm	Dr Ng Seenguan	Anti-Aging made Real - From Telomere Lengthening to Tissue Rejuvenation



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DAY 2- SATURDAY, 6 JULY 2024

TRACK 1 - AESTHETIC AND REGENERATIVE MEDICINE (BALLROOM 1)

Time	Speaker Name	Title Of Talk
8.30-9.00am	Registration @ Labuan Room	
9.00 - 10.00am	Plenary Session Pathway to Becoming an Aesthetic Doctor & Latest Ministry of Health Guidelines of Aesthetic Medical Practice” - by Dr Emmy Zuleikha Ismail Hashim (Senior Principal Assistant Director, Ministry Of Health, Putrajaya) : 20 minutes Medical Aesthetic Services in Malaysia” by Dr. Sean Tan Soon Kiat (Consultant Aesthetic Clinician & Adjunct Lecturer) : 20 minutes Overview of Medical Aesthetic Certification Program” by A/ Prof Dr Ungku Shahrin (MAC program Director, MAHSA medical Faculty and President of Pertubuhan Doktor Estetik Berdaftar Malaysia) : 20 minutes	
10.00 - 10.30am	BREAKFAST SYMPOSIUM: Let's unlock the Secret of our Life Code by Mr. Radhakrishnan	
10.30 - 11.00am	Prof Dr Moorthy	Midface Augmentation with dermal filler by using a single point of entry.
11.00 - 11.30am	Dr Abrizah Ousman	Latest trend in Microneedling - Collagen Induction Therapy
11.30 -12.00pm	Dr Wiwi Andralia Kartolo	Establish & Managing Aesthetic Business Effectively
12.00 - 12.30pm	Prof Moorthy	Regenerative Medicine Protocols in Facial Aesthetics
12.30pm - 2.00pm	LUNCH BREAK	
2.00pm - 2.30pm	Dr. Vinodhini Bhaskaran	Trends in Vaginal Rejuvenation
2.30pm - 3.00pm	Dr. Leroy Rebello	Medical Mushrooms
3.00pm - 3.30pm	A/Prof Dr Ungku Shahrin	Medical Aesthetic Treatment Algorithm in Malaysia
3.30pm - 4.00pm	TEA SYMPOSIUM: Stemregen - Endogenous stem cell mobilization by Dr. Girinivashini Gayathri Komaran	
4.00pm - 4.30pm	Dr Xanya Sofra Weiss	Skin Stimulation with Fillers. Fake or Reality?
4.30pm - 5.00pm	Prasath Kanagaras	The Evolution of Aesthetic and Anti-Aging Branding: Emerging Trends, Technologies, and Transformations.



DAY 2- SATURDAY, 6 JULY 2024

TRACK 2 - ANTI-AGING AND NUTRITIONAL MEDICINE (BALLROOM 3)

Time	Speaker Name	Title Of Talk
8.30-9.00am	Registration @ Labuan Room	
9.00 - 10.00am	Plenary Session- Datuk Dr Selvam Rengasamy	
	Healing The Energy Body- Tapping Into The Mitochondrial Energy	
10.00 - 10.30am	COFFEE BREAK	
10.30 - 11.00am	Dr Sree Kumar	Biochemical Detox through Nutrition
11.00 - 11.30am	Prof. Dr Biren Banerjee	Nutrigenomics in Integrative Medicine
11.30 -12.00pm	Dr Sree Kumar	Precision Nutrition in Metabolic Syndrome & Diabetes
12.00 - 12.30pm	Dr Sree Kumar	Reversing Diabetes through Precision Nutrition
12.30pm - 2.00pm	LUNCH BREAK	
2.00pm - 2.30pm	Dr Sree Kumar	Functional Nutrition therapy in Cancer Management
2.30pm - 3.00pm	Dr Sree Kumar	Functional Nutrition therapy in Cancer Management
3.00pm - 3.30pm	Prof. Dr. Biren Banerjee	Nutrigenomics in Anti-aging Medicine
3.30pm - 4.00pm	TEA BREAK	
4.00pm - 4.30pm	Dr Sree Kumar	Functional Nutrition in Fatty Liver & Fatty Pancreas
4.30pm - 5.00pm	Dr Sree Kumar	Nutritional Therapy to Reverse Hashimottos Disease



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DAY 3- SUNDAY, 7 JULY 2024

TRACK 1 - AESTHETIC AND REGENERATIVE MEDICINE (BALLROOM 1)

Time	Speaker Name	Title Of Talk
9.00-9.30am	Registration @ Labuan Room COFFEE BREAK *	
9.30am - 10.30am	Plenary Session- Medical Indemnity: How What & When Ratnawati Osman & Christine J Ellis	
10.30 - 11.00am	Dr Kuljit Singh	Bio Stimulants. what are they and how do they work
11.00 - 11.30am	Dr Kuljit Singh	Combination therapy for better or total rejuvenation
11.30 -12.00pm	Dr Kanimoli Rathakrishnan	Unlocking the Secrets of Skin Aging: Exploring Mechanisms and the Interventions
12.00 - 12.30pm	Dr Jezamine Lim	Stem Cells for Regenerative Medicine and Anti-Aging. What is Ethical?
12.30pm - 2.00pm	LUNCH BREAK	
2.00pm - 2.30pm	Prof Krassimir Shelev	Ozon Therapy is Regenerative Medicine
2.30pm - 3.00pm	Dr. Sunita Kaur Ahluwalia	Probiotics in Insulin Resistance
3.00pm - 3.30pm	Dr Xanya Sofra Weiss	Novel Technologies for Skin Repair and Hair
3.30pm- 3.45pm	LUCKY DRAW & CLOSING CEREMONY	



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DAY 3- SUNDAY, 7 JULY 2024

TRACK 2 - ANTI-AGING AND NUTRITIONAL MEDICINE (BALLROOM 3)

Time	Speaker Name	Title Of Talk
9.00-9.30am	Registration @ Labuan Room COFFEE BREAK*	
9.30am - 10.30am	Plenary Session Prof Claus Muss - Mitonutrition : Centenarian Food	
10.30 - 11.00am	Prof. Dr. hab. med. Jakob Bodziony	"Low Level Laser Therapy (Mitochondrial Photobiomodulation) for Improving Aging-Related Losses of Brain Function and for Rejuvenation"
11.00 - 11.30am	Prof. Dr. hab. med. Jakob Bodziony	Aging of the Stem Cells
11.30 -12.00pm	Dr Sukhbindar Singh Sibia	Chelation Wonders: A Tale of Science, Emotion, and Health
12.00 - 12.30pm	Dr Jeevanan Jahendran	Integrative Approach to Upper Airway Health
12.30pm - 2.00pm	LUNCH BREAK	
2.00pm - 2.45pm	Prof Claus Muss	New Aspects of Longevity
2.45pm - 3.15pm	Prof Krassimir Shelev	How can we detoxify with the Gerson therapy (Nutritional Metabolic Treatment?)

Notes* :

Schedule of Speakers: Please note that the timing and topics of the sessions are subject to change at the organizer's discretion.

There is a KL Car-Free Morning initiative from 7:00 AM to 9:00 AM. We will keep our participants informed about the status and route updates.

Due to the KL Car Free Morning initiative, our morning session will begin at 9:30 AM. You are welcome to enjoy coffee and a light breakfast before the first session starts.



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Welcome

Nursing, Paramedic, Medical, and Dental Students!

Registration

Fee: RM500

Register Online :

www.saaarmm.org/amfs24students

We are thrilled to extend our warmest greetings as you embark on this enriching journey at our AFMS'24 conference.

Throughout this conference, we invite you to engage, connect, and collaborate with fellow students, educators, and professionals in the field of Aesthetics, Anti-Aging and Functional Medicine.

