

Aesthetic & Functional Medicine Summit 2025

Annual Summit 2025

In conjunction with the 20th Malaysian Conference and
Exhibition & 13th International Congress on Anti-Aging,
Aesthetic and Regenerative Medicine

13 - 15 June 2025



 **Venue**

Sheraton Imperial Hotel
Kuala Lumpur, Malaysia



www.saaarmm.org



Aesthetic & Functional
Medicine Summit 2025 (AFMS'25)
Annual Summit 2025

13th June to 15th June 2025.

Sheraton Imperial Hotel
Kuala Lumpur, Malaysia



About

AGE REVERSA: AFMS'25 KUALA LUMPUR SUMMIT

Welcome to the Aesthetic & Functional Medicine Summit 2025 (AFMS'25) in Kuala Lumpur, Malaysia! We are delighted to extend our warmest greetings to all participants, esteemed guests, and industry leaders joining us for this prestigious event. Set against the vibrant backdrop of Kuala Lumpur, known for its rich cultural tapestry and dynamic atmosphere, this conference promises to be an inspiring gathering of minds at the forefront of aesthetic and anti-ageing advancements.

During AFMS'25, we invite you to engage in insightful discussions, exchange innovative ideas, and forge meaningful connections with fellow professionals and experts in the field. Together, we will explore the latest trends, breakthroughs, and best practices shaping the future of aesthetic medicine and anti-ageing therapies.

As we convene in this dynamic city, let us seize the opportunity to not only expand our knowledge and expertise but also celebrate the transformative impact of aesthetics and wellness on individuals' lives. On behalf of the organizing committee, we extend our sincerest gratitude to each of you for your participation and contributions. May this conference be a rewarding and enriching experience for all, inspiring us to elevate standards, drive innovation, and empower individuals to look and feel their best.

Welcome to Kuala Lumpur, and let the journey towards beauty, health, and rejuvenation begin. See you in June 2025!

CONFERENCE THEME

AGE REVERSA

Step into the future of aesthetic and anti-ageing advancements with Age Reversa, where science, innovation, and wellness converge to redefine aging. This conference explores groundbreaking treatments, regenerative therapies, and holistic approaches that help turn back the clock. Join global experts as they unveil the latest in anti-ageing breakthroughs, empowering individuals to age gracefully while maintaining vitality and confidence. Age Reversa isn't just about looking younger—it's about living better.

Stay tuned for upcoming updates on conference topics and our line-up of speakers.



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Details

FEES	SAAARMM MEMBER	SAAARMM NON MEMBER
Super Early Bird (24th Feb to 31st March 2025) Limited to first 100 & No extension	RM 799	RM 849
Early Bird (1st Apr - 15th May2025)	RM 999	RM 1,099
Normal Registration (15th May- 12th June 2025)	RM 1,099	RM 1,199
Onsite Registration (13th to 15th June 2025)	RM 1,299 * subject to availability	RM 1,399 * subject to availability



REGISTRATION INCLUDES:



Earn CPD
points.



Receive a
Conference Kit
with a booklet.



Get a Certificate
of Participation.



Enjoy meals and
refreshments.



Access all sessions
for 3 days.

Register Online : www.saaarmm.org



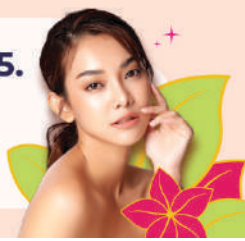
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AFMS24 OVERVIEW

AFMS24 was an incredible success! Held from 5th to 7th July 2024, last year's event brought together an impressive lineup of speakers, engaged discussions, and a fantastic turnout of delegates and exhibitors. Attendees left inspired, informed, and eager for more!

This year, AFM25 promises to be even better. With exciting new topics, engaging activities, and expanded networking opportunities, we are raising the bar to deliver an unforgettable experience. Whether you were part of AFMS24 or missed out, this is your chance to be part of something exceptional.

Reconnect, discover fresh insights, and be at the forefront of industry advancements. Secure your spot today and be part of AFM25!



250+ Attendees & Participations

25 Partners & Sponsors

INTERNATIONAL SPEAKERS



**Prof. DDr. med.
Dr. Habil Claus Muss**

Ph.D.
President of the International
Research Group
for Applied Preventive Medicine
(www.i-gap.org)



Dr. A. Sreekumar

MBBS, DLO – ENT, Head & Neck Surgeon
(Since 1984)
FACNEM (Australia) – Precision Medicine
Specialist (Since 2002)
Fellowships – Awarded in Malaysia and India
Award – Recipient of the Rajeev Gandhi
Shiromani Award
Founder & Chairman – Wellness Solutions
& Soukhyia Foundation
Affiliated with: Nutrigenomics & Bio Well
Hospital Prof.



Prof. Dr. Karl J. Neeser

Leading Swiss AntiAging Research
Scientist, Health Advisor & Author
Scientific Board Member – Swiss Society
for AntiAging Medicine & Prevention
(SSAAMP)
Senior Lecturer – American Academy of
AntiAging Medicine (A4M)
Advisory Board Member – Lifeboat
Foundation
Professor – Chulalongkorn University,
College of Public Health Sciences



Dr. Lenny Da Costa

Consultant Geriatrician, Preventive
Cardiologist & Functional Medicine Expert
MBBS, DGM, FCMT (USA), MCCP,
MSASMS, FINEM
President – Society for Regenerative
Aesthetic and AntiAging Medicine India
(SRAAMI)
President – Indian Society for the Study
of Metal Toxicology and Chelation Therapy
Scientific Advisor – World Academy of
AntiAging Medicine Asia (WAAAM)
Executive Council Member – European
Council on Aging Research and
Training (ECARE)



Dr. Sunita Banerji

MBBS, DGO, DNB (Plastic Surgery)
Founder & Director – Eternesse Clinic,
Mumbai
Expertise – AntiAging Medicine,
Bio-Identical Hormone Replacement
Therapy (BHRT), Weight Loss,
Aesthetic Treatments
Former Medical Director – Kopran Ltd
(15 years)
Lecturer – International AntiAging
Conferences
(Bangkok, Malaysia, Bali, India)



Dr. Leroy Rebello

D. Derma, PHD.
Director of research and development
Biotex Life Solutions Private Limited
www.biotexlife.com



Dr. dr. W. Andralia Kv

MSc(UK), MD, DLSHTM, ABAARM, Acp.
Owner & Founder & CEO of Jakarta
Wellness Clinic (JWC) Groups
President Director of FMN CLINIC
Owner & Founder of 'Dr. Green' Skincare
BrandWellness, Aesthetic & Antiaging
Trainer / Lecturer in various Universities
for Master Degree Students
Franchise Consultant for Chain Clinics
Hospital / Clinic Consultant for Wellness,
Aesthetic & Antiaging
Fellow – Society of AntiAging, Aesthetics
and Regenerative Medicine Malaysia
(SAAARM)



**Dr. med. dent. Hansjörg
Lammers**

Doctorate in Dentistry – University of
Berlin (Charité)
Founder & CEO – FirstBioDent Clinic,
Düsseldorf
Head of FirstBioDent Practice – Düsseldorf
Specializations – Holistic Dentistry,
Environmental Medicine, Orthomolecular
Medicine,
Detoxification (Chelation Therapy)



**Dr. Roya Zarmehr
Zamin**

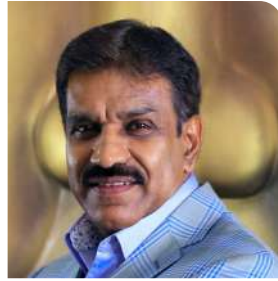
Doctor of Medicine – Iran Medical
University
Founder & CEO – DRZmedaesthetics
Academy
Aesthetic Ultrasound Trainer
– Clarius Iran
Specializations – Aesthetic Medicine,
Injectables, Ultrasound-Guided Procedures,
Complication Management, Regenerative
Medicine

MALAYSIAN SPEAKERS



Prof. Dr Radha Krishna

Masters in Molecular Medicine,
International Medical University, Malaysia
MBBS, University of Bangalore
Chairman, RK Global Nutraceutical
Advisor Member, Cell Wellbeing,
Germany.



**Datuk Dr. Selvam
Rengasamy**

MBBS, FRCOG, FACNEM, A4RM & IHS
Certified
Member of the Editorial Board, ISOM
Founding President, SAHAMM
Femcare Specialist Clinic, Batu Pahat



**Professor
Dr. Ramamurthy**

MBBS, Manipal University, India
Diploma in Dermatology, University
of Wales, Cardiff
Fellowship in Dermatologic Laser Surgery,
Mahidol University, Bangkok
President, International Institute of
Wellness & Aesthetic Medicine



Datuk Dr Kumaresan Sellamuthu

Consultant Urologist – Putra Specialist
Hospital, Melaka
MBBS (Madras University)
FRCS (Ireland)
Registered Specialist – National Specialist
Register (NSR), Malaysia
Member – Malaysian Urological
Association



**Dr. Kuljit Singh a/
Ajit Singh**

Aesthetic Physician

MBBS – MAHE, Manipal, India
Diploma in Aesthetic Medicine – AAAM
Damansara Heights Wellness Clinic
(DHW)



Dr. Tan Hiang Liang

MBBS (IMU), FINEM, LCP (Aesthetic)
Dip. Aesthetic Med. (AAAM)
Dip. Nutrition Med. (EU)
Ava Clinic, Kuala Lumpur



Dr. Vinodhini Bhaskaran

MBBS (India), MD (Obstetrics &
Gynaecology), MRCOG (UK)
Consultant Obstetrician & Gynaecologist
ParkCity Medical Centre, Kuala Lumpur



Dr. Zawawi Abdullah

MD (USM)
Founder, Impian Emas Medical Centre
Main Committee Member, Aesthetic
Medical Practice Division,
Ministry of Health Malaysia (KKM)
Trainer & Speaker in Clinical Metal
Toxicology and Cancer Immunotherapy



**Dr. Sunita Kaur
Ahluwalia**

MBBS (MAHE), FAGE, MSc, AABRM,
FINEM, PCNM, PCAMP, FMMA
Dip. Nutrition, Dip. Aesthetic Medicine
(IACT – USA & Europe), FSAAARMM
Founder & Medical Director, Walia
Wellness Sdn Bhd, Kuala Lumpur



**Dr. Siva Poobalasingam
MD, Dip IBLM**

Founder and President, Malaysian Society
of Lifestyle Medicine
Lifestyle Medicine Expert Consultant,
WHO (WHO-MOH Lifestyle Medicine
For Remission of Diabetes Programme)
Chair, Advisory Board, International Board
Of Lifestyle Medicine/Lifestyle Medicine
Global Alliance
Advisory Board, International Journal Of
Disease Reversal And Prevention



Dr. Jezamine Lim

MBBS, PhD in Stem Cells & Tissue
Engineering CEO & Founder, Cell
Biopeutics Resources
Associate Research Fellow, Centre for
Tissue Engineering and Regenerative
Medicine, National University of Malaysia
Ethics Committee Board Member, Cell
Therapy and Stem Cell Research, Malaysia
Medical Council Executive Committee
Member, Young Scientists Network,
Academy of Sciences Malaysia
Asian Representative, International
Society for Cell Therapy, TESMA, and
MSCRT Scientific Advisor, Wellous Berhad



Dr. Edwin Chang

MBBS (Singapore)
Diploma in Dermatology (Singapore)
Diplomate, American Academy of Laser
Surgery (USA)
Diplomate, European Centre of Aging
Research and Education (Germany)
Fellow, American Academy of
Dermatology (AAD)
Member, Society of Anti-Aging, Aesthetic
and Regenerative Medicine Malaysia
(SAAARMM)
Member, American Laser Medical Society
(ALMS)



Dr. Abrizah Ousman

MD, Dip Derm, AAAM
Aesthetic Physician
Founder, Dr. Abby Clinic Publika



Datuk Dr. Mohamed Rafi bin Dato' Dr. Mohammed Feizal

MBBS (Mang), FAGE (MAN),
M.Med O&G (UM), Dip Aest Med (USA)
Founder, Hospital UMRA
Specializing in Fertility, Sexual Health &
Aesthetic Medicine



Datin Dr. Ummul Wahiy Binti Abdul Hakim

MD (USM), M.Med O&G (UKM),
Dip Aesthetics Medicine (USA)
Co-Founder, Hospital UMRA
Specializing in Obstetrics & Gynaecology,
Shariah Compliant Aesthetic Treatments



Dr. How Kang Nien

MBBS (Malaya), MRCP (UK), Adv. Master
of Dermatology (UKM),
Fellowship in dermatologic surgery
(Thailand, Korea)
Consultant Dermatologist & Senior
Clinical Lecturer
Head of Dermatology Unit, Hospita
Sultan Abdul Aziz Shah, UPM
Specializing in Dermatology, Laser
Aesthetic and Dermatologic Surgery



Dr. Reenisha Kaur

MD (Moscow)
Cert. Advanced Aesthe5c (C&G London)
Prof. Dip. Aesthe5c Medicine (EIU-Paris)



Mr. Toh Sek Cheong

Pioneer of Bio-Identical Hormones in
Malaysia
Diploma in Integrative Medicine
Swinburne University, Melbourne, 2006
International Hormones Society (IHS),
Belgium
Certified in Advanced Hormones
Diagnostics, 2011
Fellowship in Nutrition & Environmental
Medicine (FINEM)
Under Dr. A. Sreekumar, Cochin –
March 2018



Dr. Aisyah Asmadi ("Dr. Aiesha")

MBBS, International Medical University, Malaysia
Certified Exercise Prescriber, Exercise is
Medicine® Malaysia
Advanced Clinical Postgraduate Training in
Sports Medicine, University of Malaya

Founder, Dr. Aiesha Medical Fitness
Medical Fitness Consultant,
Avenue Specialist Clinic
World Champion Bodybuilder
& 2x Cancer Survivor



Kapt(B) Dr Narjit Singh

MBBS (India), Helping Skills-1(New Zealand)
FINNEM (India)
MD - SMP group of Clinics
Founder - My Life Wellness (Asia) s /b
(Wholistic Functional Integrated Wellness
centre)



Major (Rtd) Dr Amit J Logan

MD Crimea State Medical University, Ukraine
Specialist Dip. Medical Hypnosis
Fellowship Interventional Pain Management,
Aesculap India
Director & Practitioner at Logan Marks
Governor of Health - Cranbridge Edu Group
Medical & Mental Health Consultant - Axle
Mortorsports



Mr Mahendran Thangarajah

Owner and Managing Director
Aurelia Pharma Sdn Bhd. Kuala Lumpur.



Ms Winnie Lai

Senior Nutritionist of HiiMiSU Sdn Bhd
Bachelor of Food Science and Nutrition
Over 10 years of experience in nutritional
science and wellness



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DAY 1- FRIDAY, 13TH JUNE 2025

TRACK 1 - AESTHETIC AND REGENERATIVE MEDICINE (BALLROOM 1)

Time	Speaker Name	Title Of Talk
8.30-9.00am	Registration @ Labuan Room	
9.00-10.00am	Plenary Session : Datuk Dr. Mohamed Rafi -Men's Sexual Health: The Ups & Downs / Datin Dr. Ummul Wahiy -Women's Sexual Health: From the rain forest to the desert	
10.00 - 10.30am	Opening Ceremony & Coffee Break	
10.30 - 11.00am	Dr Abrizah Ousman	Enhancing Collagen Production - Injectable vs supplements
11.00 - 11.30am	Prof Dr Morthy	New Frontiers in Regenerative & Longevity Medicine
11.30 -12.00pm	Mr Mahendran Thangarajah	Bioidentical Hormones
12.00 - 12.30pm	Dr. Sunita Kaur Ahluwalia	Leaky Gut
12.30pm - 2.00pm	LUNCH BREAK	
2.00pm - 2.30pm	Dr Reenisha Kaur	Latest Trends in Skin Booster
2.30pm - 3.00pm	Ms Winnie Lai	SILICA with Age Reverse
3.00pm - 3.30pm	Prof Dr Morthy	Challenges between Vascular Occlusion and Vascular Embolism in Dermal Filler Procedures
3.30pm - 4.00pm	TEA BREAK	
4.00pm - 4.30pm	Dr. Siva Poobalasingam	Transforming Diabetes Care: Harnessing The Power Of Lifestyle Medicine
4.30pm - 5.00pm	Dr .Faridah Zin	Behaviour Change: The Missing Link In Clinical Practice



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DAY 1- FRIDAY, 13TH JUNE 2025

TRACK 2 - ANTI-AGING AND NUTRITIONAL MEDICINE (BALLROOM 3)

Time	Speaker Name	Title Of Talk
8.30-9.00am	Registration @ Labuan Room	
9.00 - 10.00am	Plenary Session by : Prof. Dr. Radha Krishna - Can we regenerate the Pancreas and reverse Diabetes?	
10.00 - 10.30am	COFFEE BREAK	
10.30 - 11.00am	Prof. Dr. Karl J. Neeser	Why Vitamin D protects us from non-transmissible Diseases
11.00 - 11.30am	Dr Lenny De Costa	Does Detox have a role in Longevity Medicine ?
11.30 -12.00pm	Dr. Zawawi Abdullah	Wonders of Ergothioneine in Longevity, Survival and Reverse and Slow Aging. Improve Organ-System Function
12.00 - 12.30pm	Dr Lenny De Costa	Melatonin - The Miracle Molecule
12.30pm - 2.00pm	LUNCH BREAK	
2.00pm - 2.30pm	Dr. Leroy Rebello	Functional medicine approach to ophthal- mology
2.30pm - 3.00pm	Dr. Sree Kumar	Epigenetics - Biochemistry - Disease
3.00pm - 3.30pm	Dr. Sree Kumar	Precision Nutrition & Health
3.30pm - 4.00pm	TEA BREAK	
4.00pm - 4.30pm	Prof. Dr. Radha Krishna	Cytokines and Rheumatoid Arthritis Relationship
4.30pm - 5.00pm	Dr. Zawawi Abdullah	Epithalon : Astounding cost-effective for Reverse Aging (15 minutes) Benefit of Autologus NK Cell Therapy before stem cell (15 minutes)



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DAY 2- SATURDAY, 14TH JUNE 2025

TRACK 1 - AESTHETIC AND REGENERATIVE MEDICINE (BALLROOM 1)

Time	Speaker Name	Title Of Talk
8.30-9.00am	Registration @ Labuan Room	
9.00 - 10.00am	Plenary Session by: Dr. Roya Zarmehr Zamin Topic : Smart Dermatology: How Ultrasound Enhances Skin Analysis	
10.00 - 10.30am	COFFEE BREAK	
10.30 - 11.00am	Dr. Aisyah Asmadi ("Dr. Aiesha")	Exercise Prescription for Aesthetic Outcomes in the Middle-Aged Population: A Functional and Sustainable Approach
11.00 - 11.30am	Prof. Dr. Karl J. Neeser	Sunshine Vitamin D and Skin - a complex Relationship
11.30 -12.00pm	Dr Jezamine Lim	Stem Cells for Regenerative Medicine and Anti-Aging - What's Ethical ?
12.00 - 12.30pm	Major (Rtd) Dr Amit J Logan	From Peak Performance to Peak Vitality: What Elite Athletes Teach Us About Longevity
12.30pm - 2.00pm	LUNCH BREAK	
2.00pm - 2.30pm	Dr. Wiwi Andralia Kartolo	The Must Do Procedures in Aesthetic That Will Make Doctor & Patient a 'Sultan'.
2.30pm - 3.00pm	Mr. Toh Sek Cheong	Hormone Kills, Hormones Heals
3.00pm - 3.30pm	Dr. Roya Zarmehr Zamin	Precision and Elegance: Ultrasound for Skin Rejuvenation
3.30pm - 4.00pm	TEA BREAK	
4.00pm - 4.30pm	Dr. How Kang Nien	Understanding Biostimulators: What They Are & How to Choose the Right One
4.30pm - 5.00pm	Dr Tan Hiang Liang	Off Label Neurotoxin Treatments for Lower Face Aesthetics



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DAY 2- SATURDAY, 14TH JUNE 2025

TRACK 2 - ANTI-AGING AND NUTRITIONAL MEDICINE (BALLROOM 3)

Time	Speaker Name	Title Of Talk
8.30-9.00am	Registration @ Labuan Room	
9.00 - 10.00am	"Plenary Session by : Datuk Dr. Selvam Rengasamy Magnesium - The Perfect Medicine for Energy, Hormones & More "	
10.00 - 10.30am	COFFEE BREAK	
10.30 - 11.00am	Dr. Wiwi Andralia Kartolo	The Evolving Role of Family Medicine in Wellness & Antiaging : A Holistic Approach to Lifeling Health
11.00 - 11.30am	Dr. Sree Kumar	Mitochondrial Biogenesis
11.30 -12.00pm	Dr. Sree Kumar	Mitophagy & Autophagy in disease care
12.00 - 12.30pm	Dr. Sunita Banerji	The Hidden Endocrine Organ- The Gut
12.30pm - 2.00pm	LUNCH BREAK	
2.00pm - 2.30pm	Dr Sree Kumar	Hallmark of Cancer
2.30pm - 3.00pm	Dr Sree Kumar	Precision Cancer Management
3.00pm - 3.40pm	Dr. Sunita Banerji	Newer AntiAging/Logevity Agents Decoding them
3.40pm - 4.00pm	TEA BREAK	
4.00pm - 4.30pm	Dr Sree Kumar	Understanding Diabetes
4.30pm - 5.00pm	Dr Sree Kumar	Precision Diabetic Management



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DAY 3- SUNDAY, 15TH JUNE 2025

TRACK 1 - AESTHETIC AND REGENERATIVE MEDICINE (BALLROOM 1)

Time	Speaker Name	Title Of Talk
9.00-9.30am	Registration @ Labuan Room / Breakfast	
9.30am - 10.30am	Plenary Session by: Datuk Dr Kumaresan Sellamuthu Topic : Hi Men, What's happening to Me? ED	
10.30 - 11.00am	Dr. Vinodhini Bhaskaran	Losing weight with PCOS- The Formidable challenge
11.00 - 11.30am	Dr. Roya Zarmehr Zamin	Optimizing Aesthetic Outcomes: Ultrasound for Prevention and Management of Complications
11.30 -12.30pm	Dr. Roya Zarmehr Zamin Dr. Edwin Chang Yoke Pooi Dr Kuljit Singh	Scientific Panel Discussion Moderated by Dr Tan Hiang Liang & Dr. Vinodhini Bhaskaran
12.30pm - 2.00pm	LUNCH BREAK	
2.00pm - 2.30pm	Dr. Chang Yoke Pooi	Next-Gen Longevity: Integrating AI in Clinics and Wearable Innovations
2.30pm - 3.00pm	Dr Kuljit Singh	Anatomy of Facial Aging Process/Progress
3.00pm - 3.30pm	CLOSING CEREMONY (BALLROOM 1)	



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DAY 3- SUNDAY, 15TH JUNE 2025

TRACK 2 - ANTI-AGING AND NUTRITIONAL MEDICINE (BALLROOM 3)

Time	Speaker Name	Title Of Talk
9.00-9.30am	Registration @ Labuan Room / Breakfast	
9.30am - 10.30am	Plenary Session by: Prof. Claus Muss Optimizing Longevity Concepts by Individualized Tailored Mitonutrients	
10.30 - 11.00am	Dr. Leroy Rebello	Are you taking the right Suppliments. (what is inside the bottle)
11.00 - 11.30am	Dr Narjit Singh	Science of Healing Water
11.30 -12.00pm	Dr. Hans Jörg Lammers	Detoxification in Longevity Medicine
12.00 - 12.30pm		
12.30pm - 2.00pm	LUNCH BREAK	
2.00pm - 2.30pm	Prof. Claus Muss	Senolytics, A Luminous Nova in the Firmament of Longevity Medicine
2.30pm - 3.00pm	Dr. Leroy Rebello	Autologous Exosomes
3.00pm - 3.30pm	CLOSING CEREMONY (BALLROOM 1)	

Notes* :

Schedule of Speakers: Please note that the timing and topics of the sessions are subject to change at the organizer's discretion.

There is a KL Car-Free Morning initiative from 7:00 AM to 9:00 AM. We will keep our participants informed about the status and route updates.

Due to the KL Car Free Morning initiative, our morning session will begin at 9:30 AM. You are welcome to enjoy coffee and a light breakfast before the first session starts.